Scale 1: 2 000 000
0 10 20 30 40 Miles
0 20 40 60 Kms
International Boundary
Principal road
Other main road
Railway line
Urban area
City
Large town
Town
Small town
Village
Atlantic Ocean
North Sea
North Channel
Northern Ireland
SCOTLAND
ENGLAND
John O'Groats
Thurso
Wick
Dunnet
Melvich
Halkirk
Tongue
Scourie
Lybster
Achnaharra
Helmsdale
Lairg
Brora
Golspie
Bonar Bridge
Ullapool
Dornoch
Tain
Gairloch
Invergordon
Cromarty
Elgin
Buckie
Cullen
Banff
Portsoy
Macduff
Fraserburgh
Peterhead
Uig
Garve
Dingwall
Forres
Nairn
Rothes
Beauly
Inverness
Portree
Dufftown
Ellon
Stromeferry
Cannich
Dornie
Tomintoul
Inverurie
Alford
Aviemore
Aberdeen
Fort Augustus
Ahoyne
Newtonmore
Kingussie
Banchory
Mallaig
Ballater
Stonehaven
Arisaig
Dalwhinnie
Inverbervie
Fort William
Blair Athol
Pitlochry
Brechin
Montrose
Kinloch Rannoch
Forfar
Ballachulish
Aberfeldy
Blairgowrie
Arbroath
Dunkeld
Coupar Angus
Dundee
Killin
New Scone
Oban
Crianlarich
Perth
Dalmally
Crieff
St. Andrews
Kilninver
Callander
Inveraray
Arrochar
Dunblane
Glenrothes
Buckhaven & Methil
Stirling
Kirkcaldy
Dunfermline
North Berwick
Lochgilphead
Falkirk
Edinburgh
Dunbar
Dunoon
Helensburgh
Kilfinan
Dumbarton
Cumbernauld
Prestonpans
Cockburnspath
Musselburgh
Clydebank
Airdrie
Eyemouth
Tarbert
Rothesay
Glasgow
Livingston
Paisley
Coatbridge
Penicuik
Berwick-upon-Tweed
Largs
Barrhead
Motherwell
Duns
Skipness
Hamilton
West Linton
Greenlaw
Lochranza
Ardrossan
Stevenston
Galashiels
Coldstream
Biggar
Irvine
Kilmarnock
Melrose
Seahouses
Troon
Newtown St. Boswells
Embleton
Prestwick
Jedburgh
Ayr
Cumnock
Hawick
Alnwick
Machrihanish
Campbeltown
Leadhills
Sanquhar
Maybole
Moffat
Amble
Teviothead
Dalmellington
Girvan
Otterburn
Ballycastle
Lockerbie
Ashington
Langholm
Bellingham
Morpeth
Ecclefechan
Bedlington
Blyth
Ballantrae
Cushendall
New Galloway
Dumfries
Newcastle
Glenarm
Annan
Longtown
Newton Stewart
Castle Douglas
Gretna
Brampton
Hexham
Dalbeattie
Carlisle
Stranraer
Portpatrick
Lame
Gatehouse of Fleet
Kirkcudbright
Durham
Belfast